

思與學 Impetus

2024-2025



仁愛堂田家炳中學

YAN OI TONG TIN KA PING
SECONDARY SCHOOL

五育並重 德育為先
多元發展 才華盡顯



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五育並重 · 德育為先 · 多元發展 · 才華盡顯

本校的校訓——己立立人，是創辦人田家炳博士對學校的期望，亦是學校長期秉持的辦學宗旨，希望培養一批有同理心、樂意回饋社會的人。我們重視學生的學術表現，共同追求卓越。但我們更關注學生的德育發展，我們期望一眾老師能為孩子樹立典範，為每一位學生塑造優良的品格素養，進而推己及人，為學校、為社會作出貢獻。

在學術上，我希望教師能與時並進，不斷學習和革新，以應對瞬息萬變的社會發展。本年度語文科將參加田家炳基金會「AI入學科」計劃，以提升學生自我監控能力及學習效能。



校長：紀思輝博士

我們希望協助學生建立良好的學習態度和習慣，充分掌握各種基本知識和技能，包括有效運用語言、數字和資訊科技，並進而發展多元智能，以培養終身學習的能力。

我深信，每位同學都是獨特的，擁有不同的長處和潛能，等待被發掘。有些同學熱衷社區服務，善於溝通及團隊協作；有些同學在學術上表現出色，具備優異的學術成績；有些同學在運動上表現卓越，擁有優秀的身體素質和運動技能；還有些同學在藝術、音樂或表演方面展現天賦，擁有豐富的創意和表達能力……

在本年第一次教師會議上，我向全體老師闡述了我的理想，希望每位同學都能「多元發展、才華盡顯」。學校應搭建不同的平台，讓同學各展所長。

我們將提供多元化的學習機會和資源，以滿足同學們不同的需求和才能，包括開設各類課程、提供豐富的課外活動，給予同學充分的培訓和指導。同時，我們會設立不同平台獎勵學生及讓學生展示學習成果，如表揚成就、頒發獎狀和安排演出等，以激勵同學積極參與、展現才華。

我亦一直積極推動學生參與校內、校外各式各樣的活動及比賽，上學年本校便舉辦了13次遊學團，遊歷內地不同省市、日本、韓國、英國等地。其中，生物科同學更遠赴法國巴黎參加「國際基因工程機器競賽（iGEM）」，奪得金獎，並躋身全球十強。

凡此，旨在讓學生拓寬視野、發掘興趣、建立自信、啟發創意、激發潛能，進而成為具遠見、肯承擔的學生領袖。

我深信，我們的同學都是優秀的，希望他們相信自己的能力，各展所長，綻放光彩。

最後，我希望加強家校合作，充分利用家庭和學校的資源，為同學提供全面發展的機會，幫助他們發掘自己的才能，實現夢想。

仁愛堂田家炳中學優秀畢業生



得獎者

Ms. Hui Chi Mei 許志美
6A (2024 S6 Graduate)

Scored 33 points in her Best 5 subjects and Attained Level 5** in Mathematics (Compulsory Part), Biology and Chemistry, 5* in Chinese Language, English Language, Physics and Mathematics (Extended Part Module 2) in 2024 HKDSE Examination.

She is now studying Bachelor of Medicine and Bachelor of Surgery at The University of Hong Kong

What does “study” remind you of? Those sleepless nights you sacrificed for the exams, tears you shed for the piled up homework, or overwhelming frustrations you suffered for the failed test. It is easy to see studying as a painful chore, especially when burdened with the pressure to achieve higher grades, a better degree, and ultimately, a successful life. But what if I told you that studying can actually be an enjoyable activity? It is true, but only if we let go of our preconceptions about it. I know it is hard, especially when you have been 'tortured' by it for many years, but you really have to be open-minded if you want to grow and improve. Therefore, instead of providing clichéd study methods, I would rather focus on the attitude and mindset of studying and will elaborate on and illustrate the meaning of studying in the following paragraphs.

To commence with, the knowledge and techniques you have acquired through studying are useful tools for the future. Remember all the tenses, sentence patterns, vocabulary, and tones you learned in English lessons? If you perceive learning them as a tedious task only to pass tests and exams, you will abandon them once your 'ordeal' is over. However, these go far beyond mere marks on the paper. Learning the correct tense gives you the power to communicate effectively about events in the past, present, and future; acquiring various sentence patterns and vocabulary grants you the ability to express yourself with greater precision, nuance, and creativity; understanding the use of different tones unlocks your potential to navigate through varied situations with more finesse, appropriacy, and confidence. Harnessed well, they can be truly practical (like how I am currently writing what I want to convey, assisted by all the tenses, words, and tones I learned). And only through studying can you discover and internalize useful knowledge. Apart from the knowledge, techniques you obtained for studying are also of great help in the future. Study provides you a chance to run across diverse study skills, choose the one that suits you the most through trials and errors, and at last ingrain the techniques in yourself. To enhance study efficiency, you may have already experimented with techniques such as the Pomodoro method, to-do lists, multifarious note-taking methods, and so on. These tactics aren't just for exams; they can be applied to all aspects of life. Even after my exams, I still use the time management matrix I adapted during DSE to plan my daily routine. Therefore, through studying, you are able to be equipped with valuable tools – knowledge and study techniques – that extend far beyond the classroom.

But the benefits of studying go beyond practical tools. Studying can also be a mental lighthouse, guiding us through the turbulent waters of the Information Age. As technology natives, we are nearly inseparable from our functional and convenient mobile devices. Yet, nothing vast enters the life of mortals without a curse. We are now bombarded with information — narratives, accounts, and perspectives on global issues — at an overwhelming pace than ever before. Can we really process these vast amounts of information, choose the necessary information we need, fact-check the narratives we hear, and respect the perspectives we disagree with? Some might say, "I'm fine, I use my phone every day without thinking about all that. Why make a fuss?" But are you really fine? Or are you just used to living with the problems that arise from not processing information correctly? Be honest with yourself: How many hours do you waste scrolling reels and shorts? How often do you believe an account of an incident from a random Instagram post without probing deeper? How many times do you let your emotions override your rationality when encountering polarized perspectives? Our flawed information processing subtly manipulates our thinking without our conscious knowledge. However, through studying, we can actively challenge and reshape our thinking patterns. If you study science, I want you to recall the Nature of Science — science advances through reasonable skepticism.

This is an essential concept that will be encountered in many examples throughout the years of studying science. The discovery of the heliocentric model, natural selection, and the cause for peptic ulcer disease resulted from scientists' relentless skepticism despite the mainstream ideas. What we can learn from them is to retain a heart for openness and a mind with doubts towards the world. With an open-minded heart, you can engage in respectful dialogue, and with a critical mind, you can discern the truth. Like the lighthouses in a storm, we can find our footing and think clearly even amidst the swirling currents of the internet. This therein lies the beauty of studying — it teaches us valuable lessons that extend far beyond the classroom. When we study, we engage with the world on a deeper level. We learn to feel more, ponder more, and learn more. Therefore, we can sail through the turbulent world with calmness and confidence. Nelson Mandela wrote, and I quote, "education is the most powerful weapon which you can use to change the world." Indeed, studying is not just about exams and degrees. It is about becoming a more informed, critical, and compassionate individual. It is about developing the tools and the mindset to navigate the complexities of the world with clarity and purpose. So, embrace the odyssey of studying, even when it is challenging. You will be surprised by the rewards it offers, both in the present and in the future.



得獎者

Mr. Chan Lok Yin 陳樂賢
6A (2024 S6 Graduate)

Scored 30 points in his Best 5 subjects and Attained Level 5* in Mathematics (Compulsory Part), Mathematics (Extended Part Module 2), Biology, Chemistry and Physics in the 2024 HKDSE Examination.

He is now studying BSc (Hons) Scheme in Medical Laboratory Science and Radiography - BSc (Hons) in Radiography at The Hong Kong Polytechnic University

Without goals, and plans to reach them, you are like a ship that has set sail with no destination — Fitzhugh Dodson

Introduction

Passing the DSE with flying colours will no doubt help get you admitted to your desired programme at your favourite university, which will equip you with professional knowledge and skills that bring you one step closer to your dream career. But to achieve this goal, it is first and foremost to understand yourself well and set the right target accordingly. Meanwhile, we also have to acquire learning techniques and examination skills to outdo others in this competitive academic environment. This article hopes to shed some light on how DSEers should prepare for their first public examination in their lifetime.

Know about Yourself and Your Goal

Not only does tertiary education impart knowledge but it also serves as a foundational pillar, providing the bedrock upon which your future career is constructed. A career that, in all likelihood, will span a lifetime. Opting for an appropriate university programme, which underpins a career in alignment with your individual inclination and aptitude, thus becomes paramount.

Know all about Yourself

Each individual possesses a unique set of strengths and weaknesses. When contemplating a career path, it is prudent to introspect and recognise these inherent qualities. Opting for a profession that aligns with our talents not only enhances our performance but also mitigates stress. Working within our skill set allows for a more composed and effective approach. To assess these strengths, it is most straightforward for secondary school students to reflect on past academic achievements by analysing exam scores across different subjects, and evaluating non-academic competencies demonstrated through extracurricular activities.

Beyond mere competence lies the realm of passion and interest. A career that resonates with our personal inclinations becomes a wellspring of motivation. Repetition, when fueled by genuine enthusiasm, transforms into mastery. Finding joy in the familiar tasks of our job enhances our willingness to work diligently. For those seeking guidance, online personality and career assessments provide valuable insights. These tools offer detailed explanations, aiding in the discovery of an aligned career path.

Know about your targeted course and universities

Once you have a clear understanding of your targeted career path, the next step is to identify a university program that empowers you to pursue it. If you encounter identical or similar programs offered by different universities, consider the following factors for prioritisation:

1. Key Metrics and Insights:

- **Internship Opportunities:** Investigate the availability and quality of internships associated with each program. Practical experience during your studies significantly enhances employability.
- **Employment Rates:** Reliable statistics on post-graduation employment rates are essential. Look for data published by authorised sources within the university. These figures provide insights into graduates' success in securing relevant positions.

2. Informed Perspectives:

- Seek advice and comments from those well-versed in the field: alumni, faculty members, and trusted friends. Their firsthand experiences offer valuable insights.
- However, exercise caution when considering anonymous opinions on social platforms. Such input lacks the context and credibility necessary for informed decision-making.

3. Admission Score Benchmarks:

- Examine previous admission score statistics. Reputable publishers like Hok Yau Club often provide reliable data.
- Consider the median score of the best-performing program as your target. Aim to achieve or exceed this benchmark during your preparation process.

Beyond the fundamental enrollment prerequisites lies a nuanced landscape of additional requirements. Exploration of desired programmes' prerequisites on the official website is significant for prospective students. Requirements may consist of the following:

- **Academic proficiency:** While the baseline requirement — often denoted as '332A' — many programs may have higher standards in certain subject areas related to the course. In some cases, applicants might even be obligated to complete specific elective subjects to meet these elevated criteria.
- **Non-Academic Dimensions:** In addition to academic qualifications, some programs assess applicants based on non-academic factors to demonstrate **applicants' passion and experience**. These might include minimum working hours and submission of artwork.

In addition to meeting basic admission requirements, many academic programs employ subject-specific weightings to assess students' capabilities fairly. Prospective students are advised to thoroughly review these subject-based criteria to understand their impact on the admissions and selection process.

Prepare Yourself for DSE

As you set your sights on the desired university program, the next phase beckons: Preparation. Nonetheless, in the pursuit of effective revision, mere recitation falls short. Instead, armed with appropriate study techniques and refined exam skills, you can significantly enhance your academic performance. This strategic approach not only boosts efficiency but also elevates your likelihood of attaining your desired goals.

Meet the requirement

Attaining a score that satisfies or surpasses the basic requirement stipulated by each academic program is a prerequisite for applicant eligibility. While several institutions may offer flexible admission arrangements, it is imperative to understand that these provisions are reserved for high-achieving students who marginally miss the standard criteria. These alternative pathways should not be misconstrued as conventional routes to admission. Instead, they serve as an incentive for students to diligently strive to fulfil the requisite standards, particularly in subjects where they may currently fall short. Therefore, students are encouraged to prioritise revision of the subjects that are unable to meet the given requirement.

Enhance your competitiveness

Upon satisfying the requisite criteria for application, enhancing one's competitive edge can significantly bolster the probability of acceptance into the program of choice. Given that each program has disclosed its specific scoring weightings, targeted improvement in these emphasised subjects can yield a more substantial impact on competitiveness compared to other areas. Consequently, students are advised to prioritise their studies in these key subjects once the foundational requirements have been met.

The critical few

During the process of doing past papers, students can identify certain topics within each subject that are consistently highlighted and contribute significantly to the total score. These topics are deemed the 'critical few.' Concurrently, it is observed that the most challenging questions often pertain to less frequently examined topics. Given the limited time remaining to review the comprehensive three-year curriculum, students should strategically prioritise their revision on these critical topics rather than apportioning their efforts equally across all areas. This focused approach is crucial for effectively securing a high grade in the DSE. Moreover, students are advised to master complete answer formats or even memorise the complete content of answers to ensure their validity. Those aiming for a grade of 4 or below may even consider bypassing less critical topics in their study plan.

Energy arrangement

Every individual possesses a unique set of strengths and weaknesses. When considering a career path, it is wise to reflect on these qualities. Aligning your career with your talents not only boosts performance but also reduces stress. Evaluating past academic achievements and non-academic competencies demonstrated through extracurricular activities can provide insights into your strengths. Beyond competency lies passion and interest. A career that resonates with your inclinations serves as a wellspring of motivation. Genuine enthusiasm for your work fosters mastery and enhances diligence. Online personality and career assessments can offer valuable guidance in discovering a career path that aligns with your interests.

Find a study buddy

Amidst study breaks, it is commonplace for students to frequent coffee shops and self-study rooms. In these critical phases of academic preparation, the companionship of a diligent study partner can be invaluable. Such an ally can offer motivation, alertness to lapses in concentration, and a sympathetic ear during challenging moments or mental fatigue. Additionally, study partners can assist one another with practical tasks like procuring snacks and beverages, thereby preserving their spots in coveted study areas. When study partners share elective subjects, they can provide enhanced academic support through collaborative problem-solving and the exchange of notes.

Conclusion

The DSE may well represent the most formidable challenge that all TKPers have encountered to date. It is imperative to approach this endeavour with resilience and perseverance. Armed with a clear objective and a strategic plan, it is my sincere hope that each one of you will realise your aspirations and secure admission to the academic program of your preference.



得獎者

Mr. So Wang Yiu 蘇宏耀
6A (2024 S6 Graduate)

Scored 25 points in his Best 5 subjects and Attained Level 5 in Mathematics (Compulsory Part), Mathematics (Extended Part Module 2), Chemistry, Physics and Information and Communication Technology in 2024 HKDSE Examination.

He is now studying Computer Science and Engineering at The Hong Kong University of Science and Technology

承傳校訓 砥礪前行

校訓「己立立人」四字，從中一入學開始，便銘記於我心中。

BBS計劃的師兄師姐，每天午膳都來我班，與我們分享學校的種種經歷，同時也傾聽我們的生活日常，熱心幫助我們解決大小難題。這一年，我感受專屬「仁田中」的那份溫度，讓我對「己立立人」這四個字更具體的認識。

高中主辦「全港小學奧林匹克電腦競賽」的經歷，教我真正認識到什麼叫承擔。身為電腦學會副會長，我主要負責帶領成員出題及解題，過程並不順利，許多學弟學妹缺乏經驗，手足無措。望著一雙雙茫然的眼神，我頓時發現，我的角色已經不同，從那個等待教導的學弟，搖身一變成了傳授經驗的學長。如一眾BBS，我學習聆聽他們的大小疑難，從無到有，手把手帶著他們慢慢上路，將多年來從老師前輩們學到的秘技傾囊相授。在大功告成那天，望著學弟學妹們做出來的成績，自豪感油然而生。

我有幸入讀科大主修人工智能，但我知道日新月異的技術雖可以生成不斷前進的科學，但只有結合校訓「己立立人」，才可育成豐盛的人民精神。

將來，我會秉持初心砥礪前行，在大學奮力學習，空餘時回母校幫忙，扶助學弟學妹體會到仁田中的核心思想，一份足以受用終身的精神。

我深信，承傳，是先承而後傳。明白自己必須承擔的責任，盡力而為，為後來者打下堅實的基礎，才可傳之久遠。

Language Across Curriculum in YOTTKP

Our school’s Language Across Curriculum (LAC) initiative made significant strides in enhancing students’ English proficiency and integrating language skills across various subjects. Here’s a look at our key achievements from last year.

English Arena

The English Arena provided students with a vibrant platform to showcase their talents. Events such as a fashion show, public speaking, mini debates, and a singing contest allowed students to use English creatively. These activities not only boosted their confidence but also sparked a greater interest in the language.



Cross-Disciplinary Collaboration

History

In collaboration with the History department, we emphasised reading to help students become comfortable with English texts. This approach increased their exposure to subject-specific vocabulary and promoted a deeper understanding of historical content.

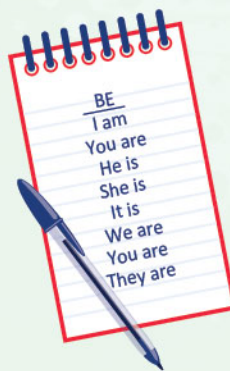
Geography

We worked with Geography teachers to develop frameworks for answering essay-type questions. This initiative aimed to enhance students’ skills in constructing coherent and well-structured responses, preparing them for more advanced academic challenges.

Science

For Secondary 1 students, we introduced projects focusing on famous scientists. These projects encouraged learning from role models and appreciating scientific achievements through English, fostering both language skills and scientific curiosity.





Optimising Lesson Observation Guidelines

We refined our lesson observation guidelines to provide clearer instructions. This included useful tips for new teachers to consistently use English as the medium of instruction, ensuring effective communication and language development in the classroom.

Overall, our LAC program aims to create an enriching environment where English is seamlessly integrated into various subjects. By fostering collaboration among departments and providing diverse opportunities for language use, we hope to lay a strong foundation for our students' academic and personal growth in English proficiency.



Science in YOTTKP



The Science Research Team students proudly attended the world's largest synthetic biology competition — the iGEM Jamboree in the heart of Paris. In addition to presenting their innovative research, the team explored the rich cultural and historical landmarks of the city, gaining a deeper appreciation for both science and the heritage of Paris.

At the prestigious Paris Expo Porte de Versailles, our Science Research Team participated in the iGEM Jamboree, showcasing their groundbreaking project — using genetically engineered E. coli to detect formaldehyde. Presenting to an audience of over 4,000 global participants, the team demonstrated their innovative research and represented their school on an international stage.



In a moment of immense pride and celebration, our team was honored with the Gold Medal Award in the High School Division at iGEM. To make this achievement even more historic, the team was recognized among the Global TOP 10 High School projects — an unprecedented accomplishment for a team from Hong Kong!

Our Science Research Team continued to shine as they claimed the Championship in the Senior Biology and Health Division at the 26th Hong Kong Youth Science and Technology Innovation Competition. This victory represents their dedication, hard work, and passion for scientific discovery.





Smiling with pride, the Science Research Team students pose triumphantly with their trophy in front of their research poster, a testament to the countless hours of effort, collaboration, and determination that went into their success.

Ms. Tracy Chu, a key member of our Science Research Team, was nominated to represent Hong Kong at the prestigious 28th China Adolescents Science & Technology Innovation Contest — the largest STEAM competition in China. Her selection is a recognition of her exceptional talent and leadership in scientific research.



Tracy Chu's achievements continued to soar as she was awarded the Second Honour Roll at the China Adolescents Science & Technology Innovation Contest. Her hard work and dedication were further acknowledged with a congratulatory letter from the Hong Kong Education Bureau, a proud moment for both Tracy and her team.



The Junior Science students also made an impressive mark by securing the Second and Third Honour Roll at the Junior Science Olympiad, Hong Kong Station. Their success has earned them the opportunity to train at the Chinese University of Hong Kong, as they prepare to represent Hong Kong in the upcoming international competition.



新 ★ 世 ★ 代 ★ 體 ★ 育 ★ 課

體育課堂

多樣化的運動形式，提供多種運動項目，傳統項目涵蓋球類、田徑、體操等，亦提供非傳統項目如單車、功夫、健球、滑板、水上直立板等，讓學生根據自己的興趣和能力選擇參與，接觸更多新興運動項目，促進全面發展。



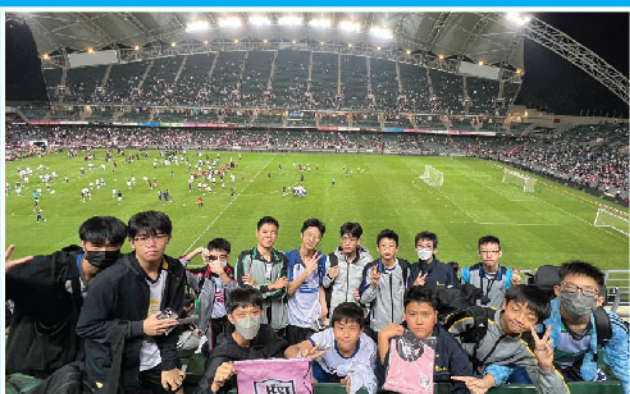
體育活動

校隊：田徑、游泳、排球、籃球、足球、羽毛球、乒乓球、草地滾球、射箭、舞蹈、花式跳繩等。恆常進行訓練並定期參加校內外比賽，強調團隊合作、尊重對手和公平競爭，培養學生的良好品格。





揀選10位於體育課高爾夫球表現出色的初中同學參加「賽馬會潛西洲高Fun小球手計劃」，接受72小時的專業訓練，結合學校校內課堂及於潛西洲訓練設施進行的校外課堂，讓學生可透過此緊湊訓練深化打球動作技巧，為實地球場打球做好準備。



足球隊獲贈免費門票於香港大球場觀看國際邁阿密足球隊公開訓練。

學生活動成績簡報

2023-2024

舉辦機構或團體	活動名稱		參加者或組別		成績
香港學界體育聯會	校際游泳比賽	男子乙組	3C林熾晉	100米自由泳	冠軍
				50米自由泳	殿軍
		男子丙組	2C羅梓橋	100米背泳	季軍
		女子甲組	6B鍾熾瞳	50米蝶泳	季軍
				200米自由泳	殿軍
	女子丙組	2B陳佳鈺	50米蝶泳 個人四式		冠軍
		2D倪可文	100米自由泳	冠軍	
			50米背泳	季軍	
		2A李心瑜	50米自由泳		季軍
		1B張嘉恩 2A李心瑜	四式接力		亞軍
2B陳佳鈺 2D倪可文					
1B丘雅心 張嘉恩 1C李芯頤 黃雅婷 2A李心瑜 2B陳佳鈺 2C區梓翹 2D朱珮慧 倪可文			團體亞軍		
校際田徑比賽	男子乙組	2B薛竣文	跳高	殿軍	
		3D劉鈞洛	200米	季軍	
	女子甲組	6B曾樂晴	跳高	殿軍	
第六十屆學校舞蹈節	爵士舞		2A孫佩賢 (CINEMA ITALIANO SOLO)		甲等獎
	中國舞		5A劉艾童 (藍之韻 獨舞)		
	查查查及倫巴舞		5B彭穎琳 5D蔡海晴		甲等獎
	牛仔舞				乙等獎
	森巴舞、查查查、牛仔舞及倫巴舞		4C彭芷菁 5C黃靖喬		乙等獎
	森巴舞及倫巴舞		1D鄭淇任 4C李潤怡		乙等獎
	森巴舞		1D李美儀 2D陳穎楠 5B彭穎琳 5C冼子瓏		乙等獎
香港教育局 香港資優教育學院	國際初中科學奧林匹克 2023 香港選拔賽		3A黃子真 暨曉諾		二級榮譽
			3A翁梓豪		三級榮譽
香港新一代文化協會	第26屆香港青少年科技創新大賽 中學研究及發明(高中生物及健康)		5A張天盈 朱嘉儀 5C劉宇軒		一等獎
iGEM Foundation	國際遺傳工程機器設計競賽		5A張天盈 朱嘉儀 林映淇 5A閻秋吏 5C劉宇軒		金獎
PIMSO 國際比賽	數學及科學		1B何旨桁		冠軍
香港電腦教育學會	全港中學生軟件開發邀請賽 2023		5A張智彥		金獎
香港教育局 香港電腦教育學會 香港中文大學	香港電腦奧林匹克競賽 2023-24		5A張智彥		高級組銅獎
			5A郭璟融		初級組銅獎
阿里巴巴創業者基金 大疆創新科技有限公司	機甲大師2023青少年對抗賽 (香港站)分組賽		2C楊鎮睿 2D粘肇丰 戴愉軒		亞軍
			3A蔡旻希 翁梓豪 4B司徒子豐		
			5A張智彥 蔡偉信 5D黃景滔		
廣東省計算機學會	2023大灣區青少年信息學創新大賽		5A張智彥 6A蘇宏耀 甄宇岳		三等獎(編程)
			5A何澤泓 郭璟融 彭可昊 蔡偉信		優異獎(編程)
			5A鍾雙宇 6A黃永鋒 許監銘		
香港電腦教育學會	校際AI藝術創作大賽 2024《數碼詠古》		4D蘇煜彬		二等獎
			4A陳誠勇		優異獎
香港電腦教育學會 香港教育工作者聯會 香港科技創新教育聯盟	全港學界無人機挑戰賽 2024		4A王一名 王一見 4B司徒子豐		一級認證
			4D蘇煜彬		
香港教育裝備行業協會 香港教育大學校友會	美好香港印象： AI與香港文化的融合之旅 AI生成繪圖設計比賽		4A陳誠勇 梁文浩 4B鄭濛玥		優異獎 中學組
			4B關佩妮 4D蘇煜彬		
BBC micro:bit 教育基金會 英國文化協會 聯合國兒童基金會	DO YOUR:BIT 2023 (中學組)		5A郭璟融 鍾雙宇 蔡偉信 5A彭可昊		傑出學校大獎

學生活動成績簡報

2023-2024

舉辦機構或團體	活動名稱		參加者或組別	成績
香港學校音樂及朗誦協會 第七十五屆	英文朗誦	英詩獨誦	3A曾紫欣	冠軍榮譽獎狀
			1A羅嘉欣 1B丘雅心 黃允喬 1B林天思 劉家謙 2A李樂迎 2D陳沛淇 3A李嘉澄 簡珏禧 3B畢凱風 3C張樂怡 3D陳心悅 李曉賢	優良獎狀
			3A趙祉喬 3C高麒媛 4C鄭潔 5A劉艾重 5C劉宇軒 黃靖喬 6C程詩雅 李思澄	優良獎狀
			4B文詩詠	良好獎狀
	中文朗誦	英詩集誦	1A班	良好獎狀
		散文獨誦(普通話)	1C廖禹菁	冠軍
		集誦	2A班	亞軍
		散文獨誦(普通話)	2D陳沛淇	季軍
		散文獨誦(粵語)	2D粘肇丰	
		詩詞獨誦(粵語)	5C冼子瓏 2D布子霞	優良獎狀
		散文獨誦(粵語)	1B陳芝洵 4B梁豐	
		散文獨誦(普通話)	1C魯嘉慧 2C高境晨 3A黃子真 3C劉穎欣 4A胡睿涵 熊范穎	良好獎狀
	詩詞獨誦(普通話)	2D李佩珈 1B丘雅心		
散文獨誦(普通話)	1C黃雅婷			
香港中文大學	信息數學競賽		5A張智彥	銀獎
			5A何澤泓	榮譽獎
保良局香港數理教育學會	香港青少年數學精英選拔賽		3A何文傑	二等獎
			3A陳致臻 李澤熙 蔡旻希	三等獎
教育局數學教育組	中學數學專題習作比賽		3A暨曉諾 何文傑 翁梓豪 朱南西 黃天胤 陳致臻	季軍
			1B張欣怡 朱家謙 梁啟言 何旨桁 麥志朗 黎珀璋	表現良好
	香港數學競賽		5A何澤泓	三等榮譽
數理思維教室 教育局數學教育組	數學思維大激鬥		1B何旨桁 2A鍾駿學 3A暨曉諾	金獎
			1A瞿梓軒 黃期蔚 2D黃瑾軒 3A楊銘藝	銀獎
			2A林卓賢 3A蕭栢翹	銅獎
	中學數學閱讀報告比賽		3A何文傑	表揚獎
教育局大公文匯 未來之星	第十三屆全港學生中國國情知識大賽		5A張子進 6C韋依玟 6D李天盈	團體賽季軍
			4B梁 豐 4C鍾嘉琪 4D何梓悅 6A陳嘉傲 何灝程 6B鄧炳軒	團體賽優異獎
			4A胡睿涵 4B梁 豐 4C鍾嘉琪 5A何灝程 郭宇恒 唐為雷 5B陳曉濤 吳宇軒 鄧炳軒 6C韋依玟 陳芷嶠 羅綺君 吳泳瑤 黃嘉怡 文家俊	個人優異獎

學生活動成績簡報

2023-2024

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教育局	「齊閱讀·迎國慶」初中歷史科 電子閱讀獎勵計劃2024	1A陳雪嵐 陳芷穎 周曉晴 蔡海瑤 馮樂瑤 江思慧 梁鈞堯 梁愛玲 羅嘉欣 潘晞嵐 曾凱晴 殷芷晴 哈廷諺 郭啟聰 蘇梓豪 陶治然 文振楷 黃期蔚 楊豐帆 林澄 1B陳芝沅 陳嘉琳 李詩語 劉心妍 張欣怡 鄭衍喬 朱家謙 何旨桁 黎珀璋 1C周子浩 梁家杰 凌子杰 伍詠謙 1D陳紀彤 李穎施 吳昀琪 虞嘉逸 關雋羲 王鴻彬 黃鑫堯 楊將君 2A鄺泳琦 李心瑜 李樂迎 孫佩賢 鄧泳晴 易佩盈 陳宜新 林靖朗 李康舜 李德祈 莫景雲 邵啟廷 唐皓堯 朱健俊 溫俊 梅好 2B盧淑玲 陳建峰 蘇國峰 2C陳希賢 蔡康喬 高境晨 林家慶 凌森 2D蔡孟臻 布子霞 李柏和 伍樂禮 辛辛	嘉許獎

2024-2025 (截至2024年11月)

舉辦機構或團體	活動名稱	參加者或組別	成績
iGEM Foundation	國際遺傳工程機器設計競賽 2024	5A陳穎姬 5A胡睿涵 5A彭煒期 5B張晶瑩 5B黃煒程 5C陳芷瑤 5C黎子欣 5D何天欣	金獎 全球頭十獎 最佳硬件設計獎 最佳WIKI提名獎
孔教學院	二零二四孔聖盃全港青少年國畫大賽	4C陳亭之	初中組亞軍
教育局、大公文匯、未來之星	第十四屆全港學生中國國情知識大賽	5B梁豐 5C陳可兒 詹雅熙 5C鍾嘉琪 5D何梓悅 5D梁綽桓 6A張子進 6B李兆軒 吳宇軒 鄧炳軒 5B鄭詩凡 5C吳美宜	個人優異獎 個人優異獎、 團體優異獎 個人優異獎 個人優異獎、 團體優異獎 團體優異獎
香港賽馬會慈善信託基金	賽馬會灣西洲高Fun小球手計劃比桿賽	3C林良穎 3D張津璋	亞軍
香港資優教育學院	國際初中科學奧林匹克(香港區)	3A易佩盈 3B鍾駿學	三等獎

學生活動成績簡報

2024-2025 (截至2024年11月)

舉辦機構或團體	活動名稱	參加者或組別	成績	
IERC	2024年IMOYA國際青少年數學公開賽	2C何旨桁	金獎 團體獎	
香港教育工作者聯會、 紫荊雜誌社聯合主辦	第七屆「紫荊杯」全港中小學生 「慶祝中華人民共和國成立75周年」知識競賽	6A劉艾童 蕭韻 鍾雙宇 陳嘉傲 張子進 周家樂 何灝程 洪思泓 黃喆謙	網上最佳答題獎 個人優異獎 團體季軍	
日本教育交流及服務社	日本語能力試驗	5C余鎧汶	N1 Level	
香港學界體育聯會	學界游泳比賽	5D梁綽桓	男甲200米自由泳 季軍	
		4D林鎰晉	男甲50米自由泳 亞軍	
			男甲50米蝶泳 冠軍	
		3B李心瑜	女乙50米蛙泳 亞軍	
		3C陳佳鈺	女乙50米蝶泳 亞軍	
			女乙200米個人四式 冠軍	
		3D倪可文	女乙100米自由泳 亞軍	
			女乙100米背泳 冠軍	
		1A楊綽堯	女丙100米背泳 亞軍	
			女丙200米自由泳 亞軍	
		1A鄧學森	男丙 50米蛙泳 亞軍	
			男丙100米蛙泳 亞軍	
		3A區梓翹 3B李心瑜 3C陳佳鈺 3D倪可文 2A李芯頤 2A朱珮慧 2B黃雅婷 1B李凱嵐		女乙團體冠軍
		3A區梓翹 3B李心瑜 3C陳佳鈺 3D倪可文		女乙4x50米四式接力 冠軍
		1A楊綽堯 1D鄭愛霖 2A陳嘉琳 2C張嘉恩 2B丘雅心 1B鄧鈺凝 1D陳海嵐 1D蒙可晴		女丙團體第六名
		1A楊綽堯 1D鄭愛霖 2A陳嘉琳 2C張嘉恩		女乙4x50米四式接力 季軍
		1A鄧學森 1C陳澔朗 1D吳建豪 1D宋梓皓		男丙團體 第六名
		1D吳建豪 1D宋梓皓		男丙4x50米 自由式接力 季軍
		3C林良穎 3D張津璋		賽馬會濠洲高 Fun小球手計劃比桿賽 亞軍
		屯門區學界羽毛球比賽	4C敖凱樂 5B許桐	男甲
5C鄧知禮 5C江銘澤				
6A何倬鏗 6B吳宇軒				
6C梁幸濤 鄧樂陶				



仁愛堂田家炳中學

YAN OI TONG TIN KA PING
SECONDARY SCHOOL