




敬啟者：

家長學苑 — 家長工作坊

在資訊世代衝擊下，家長與子女溝通困難，管教上帶來壓力。為協助家長提昇管教技巧，促進與子女的親子關係，本校家長教師會及學校社工將會舉辦家長工作坊。透過是次工作坊，讓家長更了解時下青少年的特性和需要，掌握更有效的溝通方法和管教技巧，以促進親子關係。工作坊詳情如下：

活動名稱：	「“滑時代”的親子管教」	
日期：	2019年 4月12日(星期五)	
時間：	晚上7:30-8:30	
對象：	中一至中五學生家長	
地點：	地下014室	
內容：	(一)了解青少年上網文化 (二)如何與青少年溝通； (三)家長如何提昇管教技巧	
課程費用：	全免	
主講：	羅乃萱女士	
聯絡查詢：	學校社工雷先生，電話：2464 3731。	



羅乃萱女士 fb 個人頁面
Shirley Loo's (fb link)

若閣下有興趣參與家長工作坊，請簽妥回條並著貴子弟於四月八日前交回校務處。如有垂詢，請與校務處朱小姐聯絡。

此致

中一至中五級家長

仁愛堂田家炳中學
家長教師會啟謹

二零一九年三月廿二日

✂

回 條 (請於 4/4前交回校務處)

敬覆者：本人知悉 貴校於12 / 4 / 2019 舉辦「“滑時代”的親子管教」家長講座，並

樂意出席上述活動。 未能出席上述活動。

(家長姓名：_____ 聯絡電話：_____)

此覆

仁愛堂田家炳中學
家長教師會

班別：_____ 班號：_____

學生姓名：_____

家長簽署：_____

二零一九年 月 日



Parents' Academy – Workshop for Parents

In the Information Age, parents face various difficulties when communicating with adolescents. These difficulties create stress in parenting. In collaboration with the school social worker, the Parent-Teacher Association will organize a workshop for parents to enhance their parenting skills for better parent-child relationships. The workshop will provide parents with an understanding of the behaviour and needs of adolescents nowadays, and help them grasp effective communication and parenting skills to enhance parent-child relationships. Details of the workshop are as follows:

Activity:	“Parenting for the Touch-screen Generation”
Date:	12 APRIL 2019 (Friday)
Time:	7:30-8:30pm
Target group:	Parents of S1 to S5 students
Venue:	Room 014, G/F
Content:	(1) Understanding adolescents' Internet culture (case sharing) (2) How to communicate with adolescents and prevent Internet addiction (3) Enhancing parenting skills
Fee:	Free of charge
Quota:	30-50
Speaker:	Shirley Loo, BBS, MH, JP.
Contact / enquiry:	Mr Lui, school social worker (tel: 2464 3731)

Parents who would like to participate in the workshop are advised to complete the reply slip and have it returned by their child to the general office by 8 April. For enquiries, please contact Ms. Chu at the general office.

Parent-Teacher Association



Reply Slip (to be submitted to general office by 4/4)

____ Mar. 2019

I am notified of the parents' talk on “Parenting for the Touch-screen Generation” to be held on 12/4.

* I will attend the talk on time.

* I will not attend the talk on time.

(Name of participating parent: : _____ Contact number : _____)

Class: _____ Class number: _____

Name of student: _____

Parent signature: _____