



敬啟者：

本會一直致力維繫家長感情，透過舉辦各類活動，讓家長義工們聚首暢談、互相溝通，增進情誼。本會擬於本學年下學期，舉辦下列活動，歡迎各位踴躍參加，詳情如下：

活動名稱	日期	內容	地點	名額	費用
香港理工大學 主辦 青少年心理學 證書課程 (出席4個以上 主題者，可獲 香港理工大學 頒發證書)	10/4(二) (晚上 7:30-9:00)	培養子女社會生存力 工作坊：建構溝通、解難、 團隊能力	本校	20-25 人	免費
	12/4(四) (晚上 7:30-9:00)	培養子女正向情緒工作 坊：跨越考試靠情緒管理			
	17/4(二) (晚上 7:30-9:00)	培養子女抗逆力工作 坊：心理彈性、迎難而上			
	19/4(四) (晚上 7:30-9:00)	培養子女正向思維工作 坊：轉危為機			
	21/4(六) (下午 2:30-5:30)	培養子女優秀品格工作 坊：塑造子女強項和品格	香港理 工大學		
烹飪班	9/5(三) (下午 2:00-4:30)	牛油杯子蛋糕	本校	15 人	\$30
	16/5(三) (下午 2:00-4:30)	薄脆芝麻餅	本校	15 人	\$30
	23/5(三) (下午 2:00-4:30)	蔥油餅	本校	15 人	\$30
	30/5(三) (下午 2:00-4:30)	手工麵包	本校	15 人	\$30
強身健體 中醫證書課程 (由健康行動協 辦，馬傑華註冊 中醫師主講) (出席4個以上 主題者，可獲 頒發證書)	7/6 - 12/7 逢星期四(共六堂) (晚上 7:00-9:00)	透過中醫醫理，讓家長 實踐： 1. 護肝養血 2. 強心化痰 3. 益氣通腑 4. 補肺理氣 5. 壯腎益精 6. 強身抗癌	本校	20-25 人	免費

以上活動名額有限，家長義工可獲優先取錄。若閣下有興趣參加以上活動，請填寫下列回條，於3月23日前交回校務處鄧小姐。

二零一八年三月十五日

仁愛堂田家炳中學  
家長教師會謹啟

回條 (請於 23/3 前交回校務處鄧小姐)



敬覆者：

本人知悉 貴會主辦以下活動，並決定

活動名稱	日期	內容	參加
香港理工大學主辦 青少年心理學 證書課程 (出席4個以上 主題者，可獲香港 理工大學頒發證書)	10/4(二) (晚上 7:30-9:00)	培養子女社會生存力工作坊	免費 <input type="checkbox"/>
	12/4(四) (晚上 7:30-9:00)	培養子女正向情緒工作坊	免費 <input type="checkbox"/>
	17/4(二) (晚上 7:30-9:00)	培養子女抗逆力工作坊	免費 <input type="checkbox"/>
	19/4(四) (晚上 7:30-9:00)	培養子女正向思維工作坊	免費 <input type="checkbox"/>
	21/4(六) (下午 2:30-5:30)	培養子女優秀品格工作坊	\$50 <input type="checkbox"/>
烹飪班	9/5(三) (下午 2:00-4:30)	牛油杯子蛋糕	\$30 <input type="checkbox"/>
	16/5(三) (下午 2:00-4:30)	薄脆芝麻餅	\$30 <input type="checkbox"/>
	23/5(三) (下午 2:00-4:30)	蔥油餅	\$30 <input type="checkbox"/>
	30/5(三) (下午 2:00-4:30)	手工麵包	\$30 <input type="checkbox"/>
強身健體 中醫證書課程 (由健康行動協辦， 馬傑華註冊中醫師 主講) (出席4個以上主題 者，可獲頒發證書)	7/6 - 12/7 逢星期四(共六堂) (晚上 7:00-9:00)	透過中醫醫理，讓家長實踐： 1. 護肝養血 2. 強心化痰 3. 益氣通腑 4. 補肺理氣 5. 壯腎益精 6. 強身抗癌	免費 <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

(請在  內用 '✓' 表示)

此覆  
仁愛堂田家炳中學  
家長教師會

班別：\_\_\_\_\_ 座號：\_\_\_\_\_ 學生姓名：\_\_\_\_\_

參加家長姓名：\_\_\_\_\_ 聯絡電話：\_\_\_\_\_

家長簽署：\_\_\_\_\_

No.17-18/46

二零一八年 月 日



15 March 2018

The Parent-Teacher Association has dedicated much effort to building networks among parents. Various activities have been organized to provide parent volunteers with opportunities to get together, share, communicate and build networks among each other. The Association will organize a range of activities in the second term. Details are as follows and parents are invited to join:

Activity	Date	Topic	Venue	Quota	Fee
Certificate course on Youth Psychology, organized by the Polytechnic University of Hong Kong (Certificate will be awarded upon completion of 4 workshops)	10/4(Tue) (7:30pm-9:00pm)	Social viability development for the next generation: Enhancing communication skills, problem-solving skills and team spirit	School campus	20-25	FREE
	12/4(Thu) (7:30pm-9:00pm)	Development of emotional well-being for the next generation: Emotional management as key to performing in examinations	School campus	20-25	
	17/4(Tue) (7:30pm-9:00pm)	Development of resilience for the next generation: Psychological resilience and embracing challenges	School campus	20-25	
	19/4(Thu) (7:30pm-9:00pm)	Development of positive thinking for the next generation: How to turn crises into opportunities	School campus	20-25	
	21/4(Sat) (2:30pm-5:30pm)	Character development for the next generation: Building strengths and morality	HK PolyU	20-25	
Cooking class	9/5(Wed) (2:00 pm -4:30 pm)	Butter cup cakes	School campus	15	\$30
	16/5(Wed) (2:00 pm -4:30 pm)	Crispy sesame biscuits	School campus	15	\$30
	23/5(Wed) (2:00 pm -4:30 pm)	Fried scallion pancakes	School campus	15	\$30
	30/5(Wed) (2:00pm-4:30pm)	Artisan bread	School campus	15	\$30
Certification course on Chinese medicine (Co-organised with Action Health Lecturer: Ma Kit Wah) (Certificate will be awarded upon completion of 4 workshops)	Every Thursday from 7/6 to 12/7 (7:00pm-9:00pm)	Chinese medicine theories for parents to achieve: 1. Liver protection and blood nourishment 2. Heart strengthening and circulation improvement 3. Chi nourishment and organ function improvement 4. Lung nourishment and chi improvement 5. Kidney strengthening and reproductive function improvement 6. Health strengthening and cancer prevention	School campus	20-25	FREE

Parent volunteers will be given priority for the above activities due to the limited quota. Interested parents are advised to complete the reply slip below and have it returned to Ms Tang of the school office by 23 March.

Parent-Teacher

Association\_\_



YAN OI TONG  
Tin Ka Ping Secondary School

仁愛堂田家炳中學

Shan King Estate, Tuen Mun, N.T., Hong Kong.

新界屯門山景邨

Tel:2466 5270

\_\_\_ March 2018

I am notified of the activities organized by the Parent-Teacher Association and have decided to:

Activity	Date	Topic	Participate in
Certificate course on Youth Psychology, organized by the Polytechnic University of Hong Kong (Certificate will be awarded upon completion of 4 workshops)	10/4(Tue) (7:30pm-9:00pm)	Social viability development for the next generation: Enhancing communication skills, problem-solving skills and team spirit	FREE <input type="checkbox"/>
	12/4(Thu) (7:30pm-9:00pm)	Development of emotional well-being for the next generation: Emotional management as key to performing in examinations	FREE <input type="checkbox"/>
	17/4(Tue) (7:30pm-9:00pm)	Development of resilience for the next generation: Psychological resilience and embracing challenges	FREE <input type="checkbox"/>
	19/4(Thu) (7:30pm-9:00pm)	Development of positive thinking for the next generation: How to turn crises into opportunities	FREE <input type="checkbox"/>
	21/4(Sat) (2:30pm-5:30pm)	Character development for the next generation: Building strengths and morality	FREE <input type="checkbox"/>
Cooking class	9/5/2018(Wed) (2:00 pm -4:30 pm)	Butter cup cakes	\$30 <input type="checkbox"/>
	16/5/2018(Wed) (2:00 pm -4:30 pm)	Crispy sesame biscuits	\$30 <input type="checkbox"/>
	23/5/2018(Wed) (2:00 pm -4:30 pm)	Fried scallion pancakes	\$30 <input type="checkbox"/>
	30/5/2018(Wed) (2:00pm-4:30pm)	Artisan bread	\$30 <input type="checkbox"/>
Certification course on Chinese medicine (Co-organised with Action Health Lecturer: Ma Kit Wah) (Certificate will be awarded upon completion of 4 workshops)	Every Thursday from 7/6 to 12/7 (7:00pm-9:00pm)	Chinese medicine theories for parents to achieve:  1. Liver protection and blood nourishment 2. Heart strengthening and circulation improvement 3. Chi nourishment and organ function improvement 4. Lung nourishment and chi improvement 5. Kidney strengthening and reproductive function improvement 6. Health strengthening and cancer prevention	FREE  <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

( Please mark a '✓' in the appropriate  )

Class: \_\_\_\_\_ Class number: \_\_\_\_\_ Name of student: \_\_\_\_\_

Name of parent: \_\_\_\_\_ Parent's contact number: \_\_\_\_\_

Parent signature: \_\_\_\_\_